

recommended reading

HEALTH

- Forks Over Knives, Gene Stone
- The Body Ecology Diet, Donna Gates
- Push, Chalene Johnson

RELATIONSHIPS

- The Mastery of Love, Don Miguel Ruiz
- The 5 Love Languages, Gary D Chapman
- How to be an Adult in Relationships, David Richo/Kathlyn Hendricks

SUCCESS/PRODUCTIVITY

- The Power of Focus, Jack Canfield
- The Success Principles, Jack Canfield
- The Compound Effect, Darren Hardy
- Eat that Frog, Brian Tracy

HAPPINESS

- A Complaint Free World, Will Bowen
- You are a Badass, Jen Sincero
- The Energy Bus, Jon Gordon
- Taking Life Head On, Hal Elrod
- Life's Golden Ticket, Brendon Burchard

MONEY

- Think and Grow Rich, Napoleon Hill
- Total Money Makeover, Dave Ramsey
- Money: Master the Game, Tony Robbins